REMINDERS

Soup Tucker Day - Monday, August 11th
Koori Culture ungraded Day - Friday, August 15th
School Council Meeting - Tuesday, August 19th, 7.00pm
Parents’ Club Meeting - Tuesday, August 19th, 9.30am
Cyber Safety Presentation - Wednesday, August 20th

Dear Families and School Community,

Kinder Transition Day & Information Session
Kinder transition was held yesterday at the school.
I would like to congratulate our school leaders on the great job they did assisting in the classroom with the kinder children or participating in the parent tours.

Lightning Premiership
The students who went to Cobram for the Lightning Premiership represented our school in netball and football and had some good wins. They are to be congratulated on their behaviour and great sportsmanship.

Parent opinion surveys.
Thank you to the parents who returned their opinion surveys. This information is used for many things and it is important, when making decisions for our school, that the parent voice is heard. We distributed 40 surveys to families and find it disappointing that only 25 have been returned.

If you haven’t as yet returned your survey there is still time, by Friday please, as the envelopes need to be posted to Melbourne on Friday afternoon.

Professional Learning
Thursday afternoon the staff had a joint Professional Learning Team meeting with St Francis here at school. Amanda Reed, the Positive Behavioural Science Specialist with Autism Spectrum Australia, gave a presentation

Cyber Bullying Sessions
There will be a Cyber Bullying session for grades 4/5/6 to be held on Wednesday 20th August. There will be a parent information session in the evening at the Dancock’s Room. Notes were sent home this week. Please return the slip if you plan on coming. This is open to all parents from our school and St Francis.

Priority Review
I met with Marian Lawless and Leon Kildea in Benalla on Monday to set the terms of reference for the review. Leon will be in the school from Monday 18th to Thursday 21st of August. He will be observing in classrooms, interviewing staff, students and parents.
School Council - Grounds Committee

A big thank you to the Nathalia Post Office (Cindy & Peter Sheahan), Anthea & Allan Locke, Amy Cooper, Jo Caldwell and Stacey Thorp for their support and assistance for the Community BBQ, held last Friday outside the Post Office. We raised $275.00.

Our Wood Raffle was drawn on Monday - the lucky winner was Bronwyn Bramwell, This project raised around $342.00. We appreciate and thank all families for their generous response and support.

Thank you also to Dove Motors, Nathalia Newsagency and Al’s Café for agreeing to sell raffle tickets for us.

Parent's Club - Tucker Day

A Tucker Day will be held on Monday, August 11th.

Cup of Soup @ $1.50 - Pumpkin/Tomato/Chicken & Corn.

Students are requested to bring along their own cup (with a handle and suitable for hot food.)

Order forms have been sent home with students earlier this week.

STUDENT WELLBEING

RAISING RESILIENT CHILDREN TO BECOME RESILIENT ADULTS

We often read in the papers about the importance of giving our children the language and opportunities to develop resilient behaviour. Life is full of disappointments and as young people and adults we need the skills to be able to accept the inevitable tough times that we all experience. Resilience generally refers to having coping strategies and these can be developed in young people at home and in the school environment.

The following information is taken from parent educator Michael Grose. The focus is on common errors that reduce children’s resilience, and what you can do to assist your child to develop resilience.

Try not to fight all their battles for them.

Give your child the opportunity to develop their own resourcefulness.

Parents going in to bat when their child struggles inside or outside the school should be the last resort, not the first.

Try not to make your problem, their problem.

Encourage your children to make their problem, their problem.

Don’t take responsibility for issues that are really up to your children to work out or make decisions regarding. As Michael Grose says ‘a jumper is something a mother puts on her son when she is cold.’

DON’T give children too much voice.

There are times when you need to make decisions for children and expect them, to adjust and cope.

Children often take the easy option to avoid difficult situations.

Avoid putting unrealistic or relentless pressure on kids to perform.

Keep expectations in line with children’s abilities and don’t put pressure on them.

It is important to have expectations about success and achievement. However, they can be too low, too high or too much and this can lead to children giving up or suffering anxiety.

Encourage children to have a go and complete what they have started even if the results aren’t perfect.

To learn resilience, children need to link success and effort. They should not give up because they don’t like a teacher or when confronted with a difficult or complex activity. They should be expected to commit and stay with something to the end, for example, a sporting team which is not winning.

Persistence and resilience go hand in hand.

Working hard at a task, doing your best, taking pride in achievements (however small), knowing that we all learn from our mistakes is OK.

If you would like more information, you can go on line at www.parentingideas.com.au

Glenda Harding,
Primary Welfare Officer.
On the 1st of August the grade 5’s and 6’s went to Cobram to compete in the Lighting Premiership. The girls were playing in the Grade 6 Division 2 competition. The girls played 4 matches throughout the day. It was freezing at the courts and the wind was bitter, making the girls huddle together to keep warm before the first match.

The first game the girls competed against St Joseph’s Cobram Gold. The girls won 13 to 1. The second game Nathalia competed against Katunga. This was a much harder match compared to the first game. They were able to win the game 9 – 7.

The last two games that were played were played against Sacred Heart Primary School Blue. The girls won both games easily. The first game was won 6 – 0. The second game was won 16 – 1.

Holly, Beth, Teagan, Jakara and Taline played the games in C, WA or WD. The girls played really well in the centre of the court. They were able to create space and get any lose balls. Annie, Charli, Taline and Evie worked really well in defence in GD and GK. They intercepted a lot of balls and played close to their players. Tully, Evie and Madelon were in goals played GS and GA. The girls shot really well given that it was windy. They went up for rebounds and worked really well together.

Miss Ringin.

On the 1st of August the grade 5’s and 6’s went to Cobram to compete in the lighting premiership. The netballer’s played against St. Joseph’s, Cobram gold, Katunga and Sacred Heart.

We played Sacred Heart twice. The scores for St. Joseph’s Cobram gold were 13 - 1, the scores for Katunga were 9 - 7 and the score for Sacred Heart for the first game was 6 - 0 and the second game was 16 - 1.

The weather changed a lot throughout the day.

All the girls played well.

By Tully, Evie and Beth
Nathalia  Primary School

On Friday I made a playground. I used 6 split pins to make a car, 7 corks for the stepping stones, 4 join up sticks for the fence, 22 icy pole sticks for the grand race track, 1 piece of wool, 2 split pins for the joint of the tight rope, 1 box and a lot of glue.

Shannon

On Friday I made a playground. I used straws, string, icy pole sticks, and a box. I made a swing with wood and string and a cubby house.

Zoe

On Friday I made a flying fox. I used 2 straws and string and sticky tape. Cameron used 4 straws and white sticky tape. Lachlan just laid out sticky tape. Cameron made an obstacle.

Mason

On Friday we made a playground. We made the flying fox with straws and icy pole sticks.

Lachlan

On Friday we made playgrounds. I needed cardboard, straws, icy pole sticks and lots of glue. I got a platform on the tree house and a hole to get up and down the tree house. I got a red and green button for getting in and out.

Tom

On Friday I made a playground. I used lots and lots of sticky tape, straws, pom poms and I made a table out of cardboard.

Cameron

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Cameron
### 2014 SCHOOL CALENDAR  
**EVENTS**

#### School Leaders - 2014

#### Keep This Date Free:
**School Fair**
*Friday, November 14th*
1:30pm - 6:00pm

### AUGUST
1st - Lightning Premiership (Cobram)
4th - 2015 Foundation Information Session
8th - Regional Football/Netball/Soccer/Teeball C/Ships
15th - Koori Culture Ungraded Day
19th - School Council meeting
   - Parents’ Club meeting
20th - Cyber Safety Presentation

### SEPTEMBER
1st - Parent/Teacher Interviews
2nd - Parent/Teacher Interviews
5th - SRC - Footy Colours Day
8th - Life Ed
9th - Life Ed
11th - School Concert
16th - School Council meeting
   - Parents’ Club Meeting
19th - School Athletic Sports
   - Term Three concludes

### OCTOBER
6th - Term Four commences
10th - Inter-school Athletic Sports
13th - Division Athletics Carnival
   (Shepparton)
17th - Region Athletic Championship
   (Shepparton)
21st - School Council Meeting
   - Parents’ Club Meeting
23rd - 2015 Foundation Transition
   (10.00am - 11.00am)
27th - State Athletics Championships
30th - 2015 Foundation Transition
   (10.00am - 11.00am)

### NOVEMBER
4th - Melbourne Cup Day
6th - 2015 Foundation Transition
   (10.00am - 12.30pm)
7th - Region Basketball & Softball
   (Shepp)
11th - Remembrance Day
13th - 2015 Foundation Transition
   (10.00am - 1.30pm)
17th - Region Golf Championships
   (Benalla)
18th - School Council meeting
   - Parents’ Club meeting
20th - 2015 Foundation Transition
   (10.00am - 1.30pm)
27th - 2015 Foundation Transition
   (9.15am - 1.30pm)

### DECEMBER
4th - 2015 Foundation Transition
   (9.15am - 2.20pm)
9th - 2015 Foundation Transition
   (8.50am - 3.20pm)
16th - School Council Meeting
   - Parents’ Club Meeting
19th - Term Four concludes

TBA - Grade Six Graduation
   - Water Safety Program
   - Pool Day
   - Infant Camp & Activity Day

**January 2015** - Term One commences
*January 28th - Staff*
*January 29th - Students*
ADULT WOOD-WORK SESSIONS
FOR STAFF AND PARENTS/GUARDIANS

[A NATHALIA LEARNING COMMUNITY INITIATIVE]

Staff, parents and guardians of students attending any of the Nathalia Learning Community schools are invited to participate in wood-working sessions at the Nathalia Secondary College - Trade Training Centre (TTC), commencing Monday 11th, August, 2014.

Sessions will take place on Monday evenings, from 5:00 ~ 7:30 pm, for the rest of Term 3, unless otherwise announced. Sessions will recess for the school holiday period, then may continue into Term 4, subject to demand and school operational requirements.

Tuition is available, at no cost, for those requiring instruction. All participants must undertake a WHS/Safe Use induction before being able to use plant and equipment.

Cost is calculated on what materials you use, plus a small charge of $5.00/week for consumables, such as sandpaper, glue and fixers.

There is no requirement to attend every session, participation is completely flexible.

This is an adult program. There are a limited number of spaces, maximum 18 participants. There is no provision for child-minding and children will not be permitted in the workshops.

Expressions of interest should be directed to Jack Tynan, Nathalia Secondary College, Ph. 03-5866 2331.