Dear Families and School Community,

Lions Public Speaking Competition

I’d like to congratulate the students who represented our school at the Lions Public Speaking Competition last week. I was very proud of their efforts and I saw the huge improvement from their initial performance at school and their final presentation. Cody, Cooper and Darcy B certainly enthused the crowd on their recommended holiday destinations. Madelon, Annie and Archie gave a toast to a community member and had the added pressure of a ten minute preparation for a one minute talk on why people should come to Nathalia. It takes a lot of courage to stand up and speak to a large room full of adults and I can certainly say that Nathalia should be very proud of their young citizens from both our school and St Francis. I think all students who took part were winners and I wish Jack and Abbey from St Francis good luck as they progress to the next stage of the competition. Our students are very lucky as this region is the only region that hold the public speaking competition.

Science Show

I had a phone call from Melbourne University offering us a free science show on Thursday afternoon. Of course I said yes! So hopefully your children will have exciting things to tell you when they get home from school.

Kinder Transition

Next Wednesday all children from the local kindergartens will be coming to our school for a visit. The children will be visiting the classroom, doing a couple of activities, having a tour of the school, having lunch and a play on the playground. All parents will be invited for a cuppa, a short information session followed by a tour of the school and lunch.

If you know of a pre school child who does not attend kinder, can you let them know about this first transition day. Further transition days are planned for term Four.
Camps for 2015.
It is time to start thinking about camps for 2015 and making arrangements to pay off the cost so that you don’t get a big expense next year. There are many options available, including direct deposit or setting up a payment plan. Please see the office staff to set up a plan. Proposed dates are 5/6 Canberra camp on March 2nd - 6th and the 3/4 camp from April 21st - 23rd. The final costs will be known by the end of the term.

As a school we need to start thinking about our camps program for the future. Most camps have a minimum number of 40 students and charge accordingly, even if we don’t have that many going. In the coming weeks I will be seeking parent ideas on how we can cater for our reducing numbers attending camps for the future.

Lightning Premiership.
The grade 5/6 students are off to Cobram on Friday, August 1st, for the Lightning Premiership. We wish them good luck. Don’t forget there is a canteen available at both venues.

Community BBQ
The post office are holding a BBQ on Friday with all money raised being donated to our school. A big thank you to the parents who have offered to help. I am taking the students from Prep to Grade 4 and the 5/6 students not going to Cobram down to the Post Office at recess on Friday for a sausage as a reward for having such a great start to this term. This is my shout, so there is no cost.

Please go along and support this cause because the more sausages that are sold the more our school benefits.

Lunch orders will be available as usual at school.

Debbie Inglis
Acting Principal

STAR OF THE WEEK
Week ending 25.07.2014

Brock Phillips
“For being helpful and friendly to people in class.”

CONGRATULATIONS

Canteen Price Changes
Could parents please take note of the pricing changes to the canteen price list.
A New copy has been included in this Newsletter and copies are also available from the school office.

Active After School Program
This program has commenced on Monday, July 28th and Wednesday, July 30th and will run through to Monday, September 8th and Wednesday, September 10th.

The sessions will run from 3.20pm through to 4.45pm and students will be provided with a free after school snack.

All students are eligible to attend. Forms are available from the school office for late applications.

The activity on Mondays is Table Tennis and the Wednesdays activity is Cricket.

Aaron Johnson
Coordinator.
Friendships

We are continually having groups of students with friendship issues. Some of these disagreements are being carried into the evening by the use of social media. Many of these conversations are inappropriate and containing swearing and verbal abuse.

Please encourage your children to be good friends through the good times and bad. Encourage tolerance and understanding of others.

Friendship groups can change and these changes can cause stress for some students. Hopefully this snippet of information about friends may help when you are thinking about who you would like to be friends with.

“Everyone wants to have friends and be liked. Building friendship is about finding people who share your interests and are fun to be around. Even though that might sound easy, you may have discovered that friendship is actually quite complicated. Friendships are constantly changing and evolving. Friendships often change from one school year to the next, and it isn’t unusual for students to have a best friend for just six months.

What we believe about friendships can influence how we handle changes and challenges in friendships. Do you believe that good relationships should just happen without much effort? Should friends enjoy each other’s company all the time? Should love be like a powerful wave that’s beyond your control and sweeps you away?

If you answered yes to those questions, you believe that good relationships just happen. While that may be the case sometimes, it isn’t the whole truth. We all need to work at making and keeping friends.

‘The only way to have a friend is to be one’ “ – Ralph Waldo Emerson

Get Out Of Your Mind & into your life your life for teens (A guide to living an extraordinary life)
Joseph V. Ciarrochi, PHD, Louise Hayes, PHD, Ann Bailey, MA.

Glenda Harding
Primary Welfare Officer.
On my playground I worked with Eliza. We put wool for the hanging bit for the swing and put paper for the bit you sit on. We made a slide and we cut a long piece of paper and folded the side in so you won’t fall off the side. We held it up with straws. Mrs Hill made hurdles with icy pole sticks. Then there was a platform and we used straw and sticky tape and paper for the square. We used straws for the swing.

Jayda

On Friday we made playgrounds. We used straws, string, icy pole sticks and glue. Jayda and I made a slide. We made a swing and we used straws, paper, sticky tape and wool.

Eliza

On Friday I made a playground. I used paper, icy pole sticks, and straws. I made a sandpit.

Ethan

On Friday I used icy pole Sticks to make a sand pit.

Bryce

On Friday I made a flying fox and I put a dog on it. I put a sand pit in the playground. I made a slide.

Dakoda

On Friday Mrs Hill’s class made playgrounds. I made a flying fox. I sued straws, sticky tape, wool and a bobbin. I was going to make a see-saw but I didn’t manage to get it finished. The best part was the flying foxes, because I wanted to see how it worked.

Shanaie
## 2014 SCHOOL CALENDAR EVENTS

### AUGUST
- 1st - Lightning Premiership (Cobram)
- 4th - 2015 Foundation Information Session
- 8th - Regional Football/Netball/Soccer/Teeball C/Ships
- 15th - Koori Culture Ungraded Day
- 19th - School Council meeting
  - Parents’ Club meeting
- 20th - Cyber Safety Presentation

### SEPTEMBER
- 1st - Parent/Teacher Interviews
- 2nd - Parent/Teacher Interviews
- 5th - SRC - Footy Colours Day
- 8th - Life Ed
- 9th - Life Ed
- 11th - School Concert
- 16th - School Council meeting
  - Parents’ Club Meeting
- 19th - School Athletic Sports
  - Term Three concludes

### OCTOBER
- 6th - Term Four commences
- 10th - Inter-school Athletic Sports
- 13th - Division Athletics Carnival
  - (Shepparton)
- 17th - Region Athletic Championship
  - (Shepparton)
- 21st - School Council Meeting
  - Parents’ Club Meeting
- 23rd - 2015 Foundation Transition
  - (10.00am - 11.00am)
- 27th - State Athletics Championships
- 30th - 2015 Foundation Transition
  - (10.00am - 11.00am)

### NOVEMBER
- 4th - Melbourne Cup Day
- 6th - 2015 Foundation Transition
  - (10.00am - 12.30pm)
- 7th - Region Basketball & Softball
  - (Shepp)
- 11th - Remembrance Day
- 13th - 2015 Foundation Transition
  - (10.00am - 1.30pm)
- 17th - Region Golf Championships
  - (Benalla)
- 18th - School Council meeting
  - Parents’ Club meeting
- 20th - 2015 Foundation Transition
  - (10.00am - 1.30pm)
- 27th - 2015 Foundation Transition
  - (9.15am - 1.30pm)

### DECEMBER
- 4th - 2015 Foundation Transition
  - (9.15am - 2.20pm)
- 9th - 2015 Foundation Transition
  - (8.50am - 3.20pm)
- 16th - School Council Meeting
  - Parents’ Club Meeting
- 19th - Term Four concludes

### TBA
- Grade Six Graduation
- Water Safety Program
- Pool Day
- Infant Camp & Activity Day

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### Keep This Date Free:

**School Fair**

**Friday, November 14th**

1.30pm - 6.00pm

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**January 2015 - Term One commences**

**January 28th - Staff**

**January 29th - Students**
# NATHALIA PRIMARY SCHOOL
## CANTEEN PRICE LIST
### Term 3 – 2014

### ROLLS
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ham or Chicken Gourmet Salad Roll</td>
<td>6.00</td>
</tr>
<tr>
<td>Salad Roll <em>(salad only)</em></td>
<td>5.00</td>
</tr>
<tr>
<td>Salad &amp; Chicken Roll</td>
<td>5.50</td>
</tr>
<tr>
<td>Salad &amp; Ham Roll</td>
<td>5.50</td>
</tr>
<tr>
<td>Ham &amp; Cheese Roll</td>
<td>4.00</td>
</tr>
<tr>
<td>Chicken &amp; Cheese Roll</td>
<td>4.00</td>
</tr>
<tr>
<td>Cheese &amp; Vegemite Roll</td>
<td>4.00</td>
</tr>
<tr>
<td>Chicken Roll</td>
<td>3.50</td>
</tr>
<tr>
<td>Ham Roll</td>
<td>3.50</td>
</tr>
<tr>
<td>Cheese Roll <em>(Relish, Gherkin Spread, Pickles &amp; Mustard optional)</em></td>
<td>3.50</td>
</tr>
</tbody>
</table>

**Salad includes** – lettuce, carrot, cheese, beetroot and mayo.

### WRAPS
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken with salad</td>
<td>5.50</td>
</tr>
<tr>
<td>Ham with salad</td>
<td>5.50</td>
</tr>
<tr>
<td>Salad only</td>
<td>5.00</td>
</tr>
</tbody>
</table>

### SALAD BOX –
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken or Ham with salad</td>
<td>5.50</td>
</tr>
<tr>
<td>Salad only</td>
<td>5.00</td>
</tr>
</tbody>
</table>

### HOT FOOD
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gourmet Schnitzel Burger</td>
<td>6.00</td>
</tr>
<tr>
<td>Chicken Schnitzel Burger <em>(crumbed Chicken, lettuce and mayo)</em></td>
<td>4.00</td>
</tr>
<tr>
<td>Chicken Schnitzel &amp; Gravy Roll</td>
<td>4.00</td>
</tr>
<tr>
<td>Warm Chicken Wrap</td>
<td>4.00</td>
</tr>
<tr>
<td>Toasted Chicken &amp; Cheese Wrap</td>
<td>4.00</td>
</tr>
<tr>
<td>Toasted Ham &amp; Cheese Wrap</td>
<td>4.00</td>
</tr>
<tr>
<td>Cheeseburger</td>
<td>4.00</td>
</tr>
<tr>
<td>Chicken meat &amp; Gravy Roll</td>
<td>4.00</td>
</tr>
<tr>
<td>Hamburger <em>(with lettuce and mayo)</em></td>
<td>4.00</td>
</tr>
<tr>
<td>Lasagne</td>
<td>4.00</td>
</tr>
<tr>
<td>Toasted Focaccia - Ham Cheese &amp; Tomato</td>
<td>4.50</td>
</tr>
<tr>
<td>Chicken Cheese &amp; Tomato</td>
<td></td>
</tr>
<tr>
<td>Pie - Bakery <em>(with sauce)</em></td>
<td>4.00</td>
</tr>
<tr>
<td>Pastie</td>
<td>4.00</td>
</tr>
<tr>
<td>Snack Pie <em>(¾ size)</em></td>
<td>3.00</td>
</tr>
<tr>
<td>Sausage Roll – Bakery <em>(with sauce)</em></td>
<td>3.00</td>
</tr>
<tr>
<td>Dim Sims <em>(steamed with soy sauce)</em></td>
<td>1.00</td>
</tr>
<tr>
<td>Toasted Ham OR Cheese Sandwich</td>
<td>3.00</td>
</tr>
<tr>
<td>Toasted Ham and Cheese Sandwich</td>
<td>3.50</td>
</tr>
</tbody>
</table>

### DRINKS
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orange or Apple Juice <em>(300ml)</em></td>
<td>2.50</td>
</tr>
<tr>
<td>Oak Milk - chocolate, strawberry, Iced Coffee</td>
<td>2.00</td>
</tr>
<tr>
<td>Nippy’s Milk <em>(375ml)</em></td>
<td>2.50</td>
</tr>
<tr>
<td>-Chocolate, Honeycomb, Strawberry, Iced Coffee</td>
<td></td>
</tr>
<tr>
<td>Fruit Drink Boxes <em>(250ml)</em></td>
<td>1.50</td>
</tr>
</tbody>
</table>

### DESSERTS
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yoghurt Berry Crunch <em>(Yoghurt, Muesli &amp; Fruit puree)</em></td>
<td>3.00</td>
</tr>
<tr>
<td>Frozen Yoghurt tubs</td>
<td>2.50</td>
</tr>
<tr>
<td>Calippo <em>(Frozen Fruit Juice)</em></td>
<td>1.00</td>
</tr>
<tr>
<td>Moosie - Frozen flavoured milk</td>
<td>1.50</td>
</tr>
<tr>
<td>-Chocolate or strawberry</td>
<td></td>
</tr>
<tr>
<td>Jelly Cups</td>
<td>1.50</td>
</tr>
<tr>
<td>Muffin Cake</td>
<td>1.50</td>
</tr>
</tbody>
</table>

### TO MAKE AN ORDER:
Please write your name, Grade and order in the middle of a brown paper bag and place money inside.

*Thank you,*  
Lee-Anne Graham

*The above menu complies with the Australian School Canteen Association*
NATHALIA LAWN TENNIS CLUB

Tennis Australia qualified coach Mark Mills is the newly appointed head coach for this fantastic club! Offering a range of services such as:

- Group lessons for all ages and skill types, (max of 4 per group)
- Private lessons for all ages and skill types

For all the details and further info…

Call or message Mark – 0427 307 373 or mkmills11@gmail.com

We hope to see you at the club soon!

Term 3 coaching starts:
August 5th - weekly classes will run after school on Tuesdays.
To sign-up contact Mark on 0427 307 373

September school holiday clinic:
Tuesday 23rd & Wednesday 24th September at Nathalia Lawn Tennis Club;
9am - Red stage (5-7yrs); 9:45 - Orange stage (7-10yrs);
10:30 - Green stage (10yrs & up) Cost: $20 ($10 for 1 day)
For more information call Mark on 0427 307 373

Term 4 coaching starts:
October 7th - weekly classes will run after school on Tuesdays.
To sign-up contact Mark on 0427 307 373

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St Francis School
MONSTER
CAR BOOT SALE – COMMUNITY GARAGE SALE
SUNDAY 3 AUGUST 9 till 1
All Welcome

Spring clean your place or a friend's and cash in with a site at our car boot sale – kids toys – clothes – kitchen clutter

Your trash could be someone else's treasure!

Car sites or tables available for $10
BBQ DRINKS & DEVONSHIRE TEAS AVAILABLE ON DAY
Ph.: Denise 0400052428
Robin 0417516005